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## Supplementary Material

### List of Supplementary Material for the article

### Disclaimer

This Supplementary Material has been provided by the author(s) as an enhancement to the published article. It has been approved by peer review; however, it has undergone neither editing nor formatting by in-house editorial staff. The material is presented in the manner supplied by the author.

**Supplemental Table**: Independent association of the presence of ≥1 neuropsychiatric

symptom with mind-body therapy use: results from a single multivariable model

| Primary Factor | Odds Ratio (95% CI) |
|---|---|
| **≥ 1 Neuropsychiatric Symptom** | **1.68 (1.55, 1.82)** |
| **Adjustment Factors** | |
| **Gender** | |
| Male | 0.55 (0.51, 0.60) |
| Female | 1.00 (ref) |
| **Age** | |
| 18–24 | 1.05 (0.92, 1.21) |
| 25-44 | 1.00 (ref) |
| 45-64 | 0.40 (0.31, 0.51) |
| 65-74 | 0.96 (0.88, 1.05) |
| 75+ | 0.63 (0.50, 0.79) |
| **Race** | |
| Non-hispanic White | 1.00 (ref) |
| Non-hispanic Black | 0.83 (0.73, 0.93) |
| Hispanic | 0.68 (0.60, 0.78) |
| Asian | 1.41 (1.18, 1.69) |
| Other | 1.15 (0.90, 1.46) |
| **Education** | |
| High School  or less | 0.42 (0.39, 0.46) |
| >High School | 1.00 (ref) |

| | |
|---|---|
| **Imputed Family Income ($)** | |
| 0-19,999 | 0.92 (0.80, 1.05) |
| 20-34,999 | 0.90 (0.80, 1.02) |
| 35-64,999 | 0.92 (0.83, 1.02) |
| >65,000 | 1.00 (ref) |
| **Region** | |
| Northeast | 0.89 (0.80, 1.00) |
| Midwest | 0.82 (0.73, 0.91) |
| South | 0.66 (0.60, 0.73) |
| West | 1.00 (ref) |
| **Marital Status** | |
| Married/Living with Partner | 1.00 (ref) |
| Widowed | 1.20 (1.01, 1.41) |
| Divorced/Separated | 1.25 (1.12, 1.39) |
| Never married | 1.30 (1.17, 1.45) |
| **US Born** | 1.07 (0.94, 1.22) |
| **Foreign Born** | 1.00 (ref) |
| **Insurance Status** | |
| Uninsured | 1.04 (0.92, 1.17) |
| Medicare | 1.21 (0.99, 1.48) |
| Medicaid | 0.88 (0.73, 1.06) |
| Private | 1.00 (ref) |
| Other | 1.09 (0.94, 1.26) |
| **Needs help with ADLs** | 1.29 (1.18, 1.42) |

| | |
|---|---|
| **Does Not Need Help with ADLs** | 1.00(ref) |
| **Health Characteristics:** | |
| **Body Mass Index** | |
| <25 | 1.00 (ref) |
| 25 to <30 | 0.97 (0.89, 1.06) |
| 30 to <35 | 0.93 (0.83, 1.04) |
| ≥35 | 0.83 (0.73, 0.96) |
| **Perceived Health** | |
| Excellent/very good/good | 1.00 (ref) |
| Fair or Poor | 0.92 (0.82, 1.04) |
| **Physical Activity** | |
| Low | 1.00 (ref) |
| Moderate | 1.98 (1.77, 2.21) |
| High | 2.73 (2.49, 2.99) |
| **Smoking** | |
| Current/Former | 1.23 (1.14, 1.33) |
| Never | 1.00 (ref) |
| **Alcohol** | |
| None | 1.00 (ref) |
| Light/Moderate/Heavy | 1.02 (0.87, 1.19) |
| **History of Chronic Medical Conditions[#]** | 1.47 (1.34, 1.60) |
| **Without History of Chronic Medical Conditions** | 1.00 (ref) |
| **History of Pain Syndromes[##]** | 1.43 (1.32, 1.55) |
| **No History of Pain Syndromes** | 1.00 (ref) |