

Supplementary Material for Brainstorms

Article Title: Combining Antidepressant Therapies From the Initiation of Treatment: A Paradigm Shift for Major Depression

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List of Supplementary Material in this PDF

1. **eTable 1:** Randomized Controlled Trials Supporting Enhanced Remission Rates With Combination Therapies Compared With Monotherapies From the Initiation of Treatment of Major Depressive Disorder

eTable 1. Randomized Controlled Trials Supporting Enhanced Remission Rates With Combination Therapies Compared With Monotherapies From the Initiation of Treatment of Major Depressive Disorder

Randomized Trial	Drug Combination
Nelson et al	SSRI (fluoxetine) + NRI (desipramine)
Godfrey et al, Coppen and Bailey, Resler et al	SSRI (fluoxetine) + L-methylfolate
Fava et al	SSRI (fluoxetine) + eszopiclone
Blier et al (2009)	SSRI (paroxetine) + mirtazapine
Blier et al (2006)	SSRI (fluoxetine) + mirtazapine
Blier et al (2006)	SNRI (venlafaxine) + mirtazapine
Blier et al (2006)	NDRI (bupropion) + mirtazapine

Abbreviations: NDRI = norepinephrine-dopamine reuptake inhibitor, NRI = norepinephrine reuptake inhibitor, SNRI = serotonin-norepinephrine reuptake inhibitor, SSRI = selective serotonin reuptake inhibitor.

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