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## Wiersma et al

pp 288–294

- In this sample, patients with chronic depression had spent on average more than 40 months of the past 4 years depressed, compared with about 10 months for those with nonchronic depression. Those with chronic depression had all of the following features, compared with those with nonchronic depression, *except*:**
  - Younger age at onset
  - More severe depressive symptoms
  - More comorbid anxiety in the past year
  - More medical illnesses
- The significance of differences in psychological characteristics between patients with chronic depression and nonchronic depression depended on treatment status (ie, use of antidepressants and/or receipt of psychotherapy or counseling).**
  - True
  - False
- Which patient has psychological characteristics that increase the risk of a chronic course of depression, according to the multivariable model, and therefore may benefit from targeted interventions?**
  - A woman who strongly believes that fate controls events and that she is helpless to change them
  - A woman who is conscientious and open to experience
  - A woman who is a perfectionist and has an aversion to risk
  - A highly extraverted woman who has a low propensity for rumination

## Daalman et al

pp 320–325

- Mr A and Mr B both experience auditory verbal hallucinations at least once a month. Mr A has a psychotic disorder while Mr B does not. Of the following characteristics, which one is more likely to describe Mr A (psychotic) than Mr B (nonpsychotic)?**
  - Voices are heard about once every hour
  - The hallucinations are controllable most of the time
  - Some voices belong to acquaintances
  - The voices cause almost no disruption to daily life
- Among individuals hearing verbal hallucinations, the majority of those without psychosis attributed them to an external agent, such as a spiritual source, while the majority of patients with psychosis attributed them to an internal source, ie, their own minds.**
  - True
  - False
- All of the following are good predictors that someone hearing verbal hallucinations does not have a psychotic disorder *except*:**
  - Hearing voices with predominately positive content
  - Having control over the hallucinations most of the time
  - Hearing voices less than once a day
  - Having an age at onset of 16 years old or older

Answers to Pretest: 1. b 2. a



# REGISTRATION FORM

Circle the one correct answer for each question.

1. a   b   c   d
2. a   b
3. a   b   c   d
4. a   b   c   d
5. a   b
6. a   b   c   d

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4. How often do you currently use the following clinical strategies?
  - A. Provide targeted interventions to patients with depression who have psychological characteristics that increase the risk of a chronic course
  - B. In patients with auditory verbal hallucinations, differentiate characteristics that indicate or rule out the presence of a psychotic disorder
5. How often do you plan to use the following clinical strategies?
  - A. Provide targeted interventions to patients with depression who have psychological characteristics that increase the risk of a chronic course
  - B. In patients with auditory verbal hallucinations, differentiate characteristics that indicate or rule out the presence of a psychotic disorder

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	Never	Not Very Often	Sometimes	Very Often	Always
4. How often do you currently use the following clinical strategies?					
A. Provide targeted interventions to patients with depression who have psychological characteristics that increase the risk of a chronic course	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
B. In patients with auditory verbal hallucinations, differentiate characteristics that indicate or rule out the presence of a psychotic disorder	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. How often do you plan to use the following clinical strategies?					
A. Provide targeted interventions to patients with depression who have psychological characteristics that increase the risk of a chronic course	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
B. In patients with auditory verbal hallucinations, differentiate characteristics that indicate or rule out the presence of a psychotic disorder	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>