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CME Objectives

After studying the articles by Chaudieu et al and Volavka et al, you should be able to:

- Monitor elderly patients with a history of trauma and PTSD for cardio-ischemic diseases and metabolic syndrome
- Use evidence-based antipsychotic treatment to decrease hostility and aggression in patients with first-episode schizophrenia spectrum disorders

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 ${f T}$ his pretest is designed to facilitate your study of the material.

- 1. Ms N and Ms O are over 65 years old and have both experienced traumatic events in their lifetimes. Ms N has reexperiencing symptoms. All of the following conditions are significantly more likely to occur in Ms N than in Ms O *except*:
 - a. Angina pectoris
 - b. Current major depression
 - c. Current anxiety disorder
 - d. Hypertension
- 2. You are considering antipsychotic treatment options for Mr A, who is experiencing his first episode of schizoaffective disorder and is angry and extremely uncooperative. Among the following agents, which one is likely to provide the fastest onset of action to decrease hostility?
 - a. Quetiapine
 - b. Ziprasidone
 - c. Olanzapine
 - d. Haloperidol

For Pretest answers and Posttest, see pages 1021–1022.