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Keyword: October

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CME Objective

After studying the Commentary, you should be able to:

- Provide maintenance therapy for all patients with bipolar disorder
- Select guideline-concordant pharmacotherapy when treating bipolar depression

Accreditation Statement

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Date of Original Release/Review

This educational activity is eligible for AMA PRA Category 1 Credit through October 31, 2014. The latest review of this material was September 2011.

Financial Disclosure

All individuals in a position to influence the content of this activity were asked to complete a statement regarding all relevant personal financial relationships between themselves or their spouse/partner and any commercial interest. The CME Institute has resolved any conflicts of interest that were identified. In the past year, Alan J. Gelenberg, MD, Editor in Chief, has been a consultant for Axis Healthcare, Dey Pharma, PGxHealth, Myriad Genetics, and Zynx Health, and has been a stock shareholder of Healthcare Technology Systems. No member of the CME Institute staff reported any relevant personal financial relationships. **Faculty financial disclosure appears at the end of the article.**

This pretest is designed to facilitate your study of the material.

1. In which patient with predominant depressive polarity might it be appropriate to maintain treatment with the combination of a mood stabilizer and an antidepressant?

- a. Ms A, who often experiences anxiety and mixed states
- b. Mr B, who often experiences subsyndromal depression and depressive relapse
- c. Ms C, who often experiences sudden shifts into mania and rapid cycling

For Pretest answer and Posttest, see pages 1311–1312.