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Answer to Pretest: b

Commentary

pp 1295–1310

1. **Antidepressant monotherapy is recommended for acute and maintenance treatment of bipolar depression.**
 - a. True
 - b. False

2. **According to expert consensus, what is the first stage in the maintenance treatment of bipolar depression?**
 - a. Switch to a maintenance medication
 - b. Add a new antidepressant
 - c. Continue acute medication
 - d. Taper off all medications

3. **The expert consensus group recommended which agents for the treatment of acute depression in bipolar disorder?**
 - a. Valproate, aripiprazole
 - b. Lamotrigine, quetiapine
 - c. Carbamazepine, olanzapine
 - d. Paroxetine, ziprasidone

4. **According to expert consensus, in which patient with predominant depressive polarity might it be appropriate to maintain treatment with the combination of a mood stabilizer and an antidepressant?**
 - a. Ms A, who often experiences anxiety and mixed states
 - b. Mr B, who often experiences subsyndromal depression and depressive relapse
 - c. Ms C, who often experiences sudden shifts into mania and rapid cycling



REGISTRATION FORM

Circle the one correct answer for each question.

- 1. a b
- 2. a b c d
- 3. a b c d
- 4. a b c

Deadline for submission

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- Academic, Full-time
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- Other

Please evaluate the effectiveness of this CME activity.

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
1. The method of presentation held my interest and made the material easy to understand.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. This activity provided a balanced, scientifically rigorous presentation of therapeutic options related to the topic, without commercial bias.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. The educational content was relevant to the stated educational objective.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Never	Not Very Often	Sometimes	Very Often	Always
4. How often do you currently use the following clinical strategy?					
A. Initiate and continue maintenance therapy for your patients with bipolar disorder who have achieved remission	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
B. Prescribe medications concordant with treatment guideline recommendations when treating your patients with bipolar depression	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. How often do you plan to use the following clinical strategy?					
A. Initiate and continue maintenance therapy for your patients with bipolar disorder who have achieved remission	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
B. Prescribe medications concordant with treatment guideline recommendations when treating your patients with bipolar depression	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. I need to know more about (suggest future topics): _____					
7. How much time (in hours) did you spend completing this CME activity? _____					
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