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Keyword: November

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CME Objective

After studying the article by Uher et al, you should be able to:

- Consider evidence and guidelines when deciding whether to switch a nonresponsive patient's antidepressant medication early in the course of treatment

Accreditation Statement

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Date of Original Release/Review

This educational activity is eligible for *AMA PRA Category 1 Credit* through November 30, 2014. The latest review of this material was June 2011.

Financial Disclosure

All individuals in a position to influence the content of this activity were asked to complete a statement regarding all relevant personal financial relationships between themselves or their spouse/partner and any commercial interest. The CME Institute has resolved any conflicts of interest that were identified. In the past year, Alan J. Gelenberg, MD, Editor in Chief, has been a consultant for Axis Healthcare, Dey Pharma, PGxHealth, Myriad Genetics, and Zynx Health, and has been a stock shareholder of Healthcare Technology Systems. No member of the CME Institute staff reported any relevant personal financial relationships. **Faculty financial disclosure appears at the end of the article.**

This pretest is designed to facilitate your study of the material.

1. Ms A has major depressive disorder and started antidepressant treatment 2 weeks ago. She has experienced minimal symptom improvement (ie, <20%), according to the Montgomery-Asberg Depression Rating Scale. Which of the following next steps is best, based on available evidence?
 - a. Add another antidepressant from a different class to her regimen
 - b. Switch her to another antidepressant because delayed response is unlikely
 - c. Use biomarkers to assess her likelihood of improvement
 - d. Continue this antidepressant because delayed response occurs in a substantial proportion of patients by week 12.

For Pretest answer and Posttest, see pages 1485–1486.