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Answer to Pretest: d

1. Most depression treatment guidelines recommend \_\_\_\_\_ weeks as the minimum duration of an antidepressant trial.
  - a. 1 to 2
  - b. 2 to 4
  - c. 4 to 6
  - d. 8 to 10
  
2. In this study, among patients who achieved moderate, marked, or dramatic response by 12 weeks, \_\_\_\_\_ percentage did so in the first 3 weeks compared with those who did so after 3 weeks.
  - a. A greater
  - b. A smaller
  - c. The same
  
3. Ms B has major depressive disorder and started antidepressant treatment 3 weeks ago. Her symptoms have improved by 32% according to the Montgomery-Asberg Depression Rating Scale. Which of the following next steps is *best*, according to the results of this study?
  - a. Use biomarkers to assess whether her improvement will continue
  - b. Switch her to another antidepressant to achieve greater response
  - c. Continue this antidepressant, because 68% of similar patients achieve  $\geq 50\%$  response by week 12
  - d. Add another antidepressant from a different class to her regimen
  
4. Unlike most other research, this study did *not* use:
  - a. Last observation carried forward
  - b. Part-randomization of the sample
  - c. Longitudinal latent class analysis
  - d. Varying rates of dose titration



# REGISTRATION FORM

Circle the one correct answer for each question.

- 1. a    b    c    d
- 2. a    b    c
- 3. a    b    c    d
- 4. a    b    c    d

### Deadline for submission

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### Primary Practice Area

- Academic, Full-time
- Office Based or Private Practice
- Federal or Government Agency, VA Hospital
- Community Mental Health Care
- Managed Care Facility
- Long-Term Care Facility
- Other

### Please evaluate the effectiveness of this CME activity.

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
1. The method of presentation held my interest and made the material easy to understand.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. This activity provided a balanced, scientifically rigorous presentation of therapeutic options related to the topic, without commercial bias.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. The educational content was relevant to the stated educational objective.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Never	Not Very Often	Sometimes	Very Often	Always
4. How often do you currently use the following clinical strategy? Closely monitor patients' response to antidepressants and provide an adequate treatment trial before switching	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. How often do you plan to use the following clinical strategy? Closely monitor patients' response to antidepressants and provide an adequate treatment trial before switching	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. I need to know more about (suggest future topics): _____					
7. How much time (in hours) did you spend completing this CME activity? _____					
8. What is your preferred format for CME activities? Check one.					
<input type="checkbox"/> Print media (eg, journals, supplements, and newsletters)	<input type="checkbox"/> Internet text	<input type="checkbox"/> Internet multimedia	<input type="checkbox"/> Audio CD		