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**Answers to Pretest: 1. b 2. b**

**Commentary**

pp. 619–626

1. Dr. E is a psychiatrist in a hospital setting who holds an unrestricted license in the state. Which of the 4 components of the American Board of Psychiatry and Neurology (ABPN) Maintenance of Certification (MOC) program has Dr. E fulfilled?
  - a. Professional standing
  - b. Self-assessment and lifelong learning
  - c. Cognitive expertise
  - d. Performance in practice
2. During the first 3 years of the 10-year recertification cycle, Dr. E selects 5 patient charts to review. Based on the focus of MOC, what is the *most* important outcome of this review?
  - a. Recognition that patients should be treated as individuals
  - b. The building of self-assessment skills that will enable Dr. E to recognize his strengths and weaknesses and seek education
  - c. Performance improvement based on a comparison of selected charts with published best practices, practice guidelines, and the hospital quality improvement program
  - d. Feedback from his peers that will provide transparency and provide overall better health initiative within the health care setting

**3. Dr. E's colleague works primarily in research and does not see patients. How can she fulfill the performance-in-practice component of MOC?**

- a. Complete the other components of MOC and be designated as clinically inactive
- b. Visit clinical practices or hospitals and perform rounds with a clinical mentor
- c. Request patient charts from a local clinic or hospital to conduct chart reviews
- d. Reconcile herself to returning to medical school if she should decide to return to patient care

Liu et al.

pp. 644–652

**4. All of the following were characteristics of subjects with childhood-onset mood disorder who had attempted suicide versus those who had not *except*:**

- a. Female sex
- b. Being separated, divorced, or widowed
- c. Unemployment
- d. History of comorbid anxiety disorders

**5. Which statement is correct?**

- a. Patients with a history of mood disorders were more likely than the control group to engage in dangerous activities to respond to their negative mood
- b. Patients with a history of mood disorders were less likely than the control group to engage in dangerous activities to respond to their negative mood
- c. Patients with a history of mood disorders were less likely than the control group to ruminate to respond to their negative mood
- d. Patients with a history of mood disorders were more likely than the control group to use distraction to respond to their negative mood

**6. All of the following statements are correct *except*:**

- a. Past suicide attempters were less likely than nonattempters to engage in dangerous activities to respond to their negative mood
- b. Past suicide attempters were more likely than nonattempters to engage in dangerous activities to respond to their negative mood
- c. Past suicide attempters were less likely than nonattempters to ruminate to respond to their negative mood
- d. Past suicide attempters were more likely than nonattempters to use problem solving to respond to their negative mood

**7. Which response style significantly predicted suicide attempts?**

- a. Rumination
- b. Problem solving
- c. Dangerous activity
- d. Distraction

**8. All of the following were strengths of the study *except*:**

- a. Longitudinal design
- b. Standardized psychiatric assessment
- c. Statistical adjustment for potential confounding factors
- d. Relatively short follow-up period



# REGISTRATION FORM

Circle the one correct answer for each question.

- 1. a   b   c   d
- 2. a   b   c   d
- 3. a   b   c   d
- 4. a   b   c   d
- 5. a   b   c   d
- 6. a   b   c   d
- 7. a   b   c   d
- 8. a   b   c   d

### Deadline for submission

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	Poor	Needs Improvement	Average	Above Average	Excellent
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2. This activity provided a balanced, scientifically rigorous presentation of therapeutic options related to the topic, without commercial bias.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. The educational content was relevant to the stated educational objectives.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. This activity helped me to:					
A. Understand maintenance of certification and apply its requirements to practice.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
B. Incorporate into suicidality evaluations an assessment of maladaptive responses to depressed mood.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. This activity confirmed the way I already manage my patients.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. This activity provided practical suggestions I can use in my practice.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. This activity provided information that will help me change my practice.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. What changes do you intend to make in your practice as a result of participating in this activity? _____					
9. I need to know more about (suggest future topics): _____					
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